



CHATZIPAPA NIKOLETA

MSC, NUTRITIONIST - DIETITIAN

GET IN TOUCH

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EDUCATION

- 2020- Today: **PhD candidate** in the School of Chemistry, Department of Chemical Technology & Industrial Chemistry of the Aristotle University of Thessaloniki.
- 2016 – 2018: **Postgraduate Studies - "Medical Research Methodology-Clinical Research"** - Department of Clinical Research, Medical Department, School of Health Sciences Aristotle University of Thessaloniki
- 2011-2015: **Bachelor's degree - Department of "Nutrition & Dietetics"**, School of Karditsa, TEI Larissa

PUBLICATIONS

- 17/5/2020: *"Central systolic blood pressure and executive function in children and adolescents with primary and secondary hypertension"* Journal of Hypertension
- 2/1/2020: *"Impact of ambulatory systolic blood pressure and overweight on executive function performance in children and adolescents"*, Journal of Hypertension
- 18/4/2018: *"The effect of fructose on NAFLD in children and adolescents: A Narrative Review"*, Advances in Obesity Weight Management & Control 2018;8(2):151–153

WORK EXPERIENCE

- 2020- Today: PhD candidate in the School of Chemistry, Department of Chemical Technology & Industrial Chemistry of the Aristotle University of Thessaloniki.
- 2018- Today: Product manager, Digital marketing manager, Nutritional supplements department, Codexfactor Ltd
- 2017- Today: Research fellow, 1st Pediatric Department of Aristotle University of Thessaloniki, Ippokrateio General Hospital, Thessaloniki
- 3/2019-11/2019: Clinical research coordinator (CRC), Euromedica General Clinic -Pharmaserve Lilly -Novo Nordisk
- 10/2018- 8/2019: Instructor in Human Nutrition, Department of Sport and Exercise Science, DEI College of Thessaloniki - University of Northampton
- 10/2018- 4/2019: Research fellow, Endocrinology Department, Ippokrateio General Hospital, Thessaloniki
- 4/2015 - 9/2015: Internship, G. Papanicolaou General Hospital, Thessaloniki, Department of Nutrition

RESEARCH ACTIVITY

- **Postgraduate thesis** on "The role of 25 hydroxy-vitamin D in arterial stiffness in children with kidney transplantation and nephrotic syndrome"
- **A scientific paper** on " Assessment of sleep quality in children with nephrotic syndrome"
- **A scientific paper** on " Evaluation of the level of knowledge about cervical cancer and its prevention, and HPV vaccination in young students "
- **Bachelor's thesis** on "The Effect of Fat Supplement on the Symptoms of Dumping Syndrome in Gastro-Duodenal Patients"

LANGUAGES SPOKEN

- Greek language – Native speaking
- English - C2 Excellent knowledge
- French - B1 Moderate knowledge



PRESENTATIONS AT CONFERENCES AND WORKSHOPS

- 11/5/2018: Oral presentation at the "12th Macedonian Nutrition & Dietetics Congress" on topic
 - «Thyroid gland & diet: Organic or conventional culture products? »
 - «The effect of fructose on NAFLD in children and adolescents: A Narrative Review»
 - « The fat supplement effect on the appearance of symptoms of dumping syndrome in patients who had diagnosed with dumping syndrome: case series report»
- 1/3/2018: Poster at « 12th Panhellenic Medical Congress on Obesity» on the topic « The fat supplement effect on the appearance of symptoms of dumping syndrome in patients who had diagnosed with dumping syndrome: case series report»
- 24/2/2018: Oral presentation at the « 80 National Conference on HPV Infection and Related Diseases» on topic « Evaluation of the level of knowledge about cervical cancer and its prevention, and HPV vaccination in young students »
- 17/12/2017: Organizing Committee at «8th Workshop on Adolescence»
- 25/11/2017: Oral presentation at the «14th National Nutrition & Dietetics Conference» on the topic « The fat supplement effect on the appearance of symptoms of dumping syndrome in patients who had diagnosed with dumping syndrome: case series report»

PARTICIPATION IN CONFERENCES-SEMINARS

- 11-13 / 5/2018 "12th Macedonian Nutrition & Dietetics Conference", EDDE, Thessaloniki
- 23-25 / 2/2018 «8th National Conference HPV Infection & Related Diseases», Hellenic HPV Company, Thessaloniki
- 17/12/2017 «8th Workshop on Adolescence» D 'Pediatric Clinic of the Aristotle University of Thessaloniki. Medical Faculty of Aristotle University of Thessaloniki, Thessaloniki
- 24-26 / 11/2017 «14th Panhellenic Nutrition & Dietology Congress», «3rd Panhellenic Congress of Clinical Nutrition & Metabolism», Pan-Hellenic Association of Dietitians and Nutritionists. Hellenic Society for Clinical Nutrition & Metabolism, Athens
- 22-23 / 09/2017 «27th Educational Conference on Prevention and Treatment of Cardiovascular Risk», Greek Society of Atherosclerosis, Thessaloniki
- 13/05/2016 «Statistics in Medicine», The Stanford University
- 19/03/2016 Down Syndrome: Healthcare Updates for the Primary Care Pediatrician, The Harvard Medical School
- 31/01/2016 «Hypertension in the Elderly», The Harvard Medical School
- 14/10 / 2015-18 / 10/2015 «Sana mHealth Workshop Sana mHealth Bootcamps», M.I.T. & Aristotle University of Thessaloniki, Thessaloniki
- 02/10 / 2015-03 / 10/2015 «9th Pan-Hellenic Congress of Obesity Surgery», Greek Obstetrics Surgery Company, Larissa
- 27/03 / 2015-28 / 03/2015 «3rd Conference of Applied Dietetics & Nutrition», Harokopio University, Athens
- 17/01 / 2015-18 / 01/2015 "Dietetic Support for Chronic Patients", Greek Oncology Research Group, Larissa
- 09/10 / 2014-12 / 10/2014 «8th DIETS- EFAD Conference», EFAD, Athens
- 13/04/2013 «1st Clinical Nutrition Congress», ESPEN, Thessaloniki
- 12/04/2013 "International Conference on the Fight Against Malnutrition", ESPEN, Thessaloniki
- 04/10 / 2012-05 / 10/2012 «Nutrition Science: Crisis Prospects, 10th Macedonian Nutrition Conference» Alexandrio Technological Educational Institution, Thessaloniki